POWER2DM

Powered by iHealth

Patient App - Users Guide
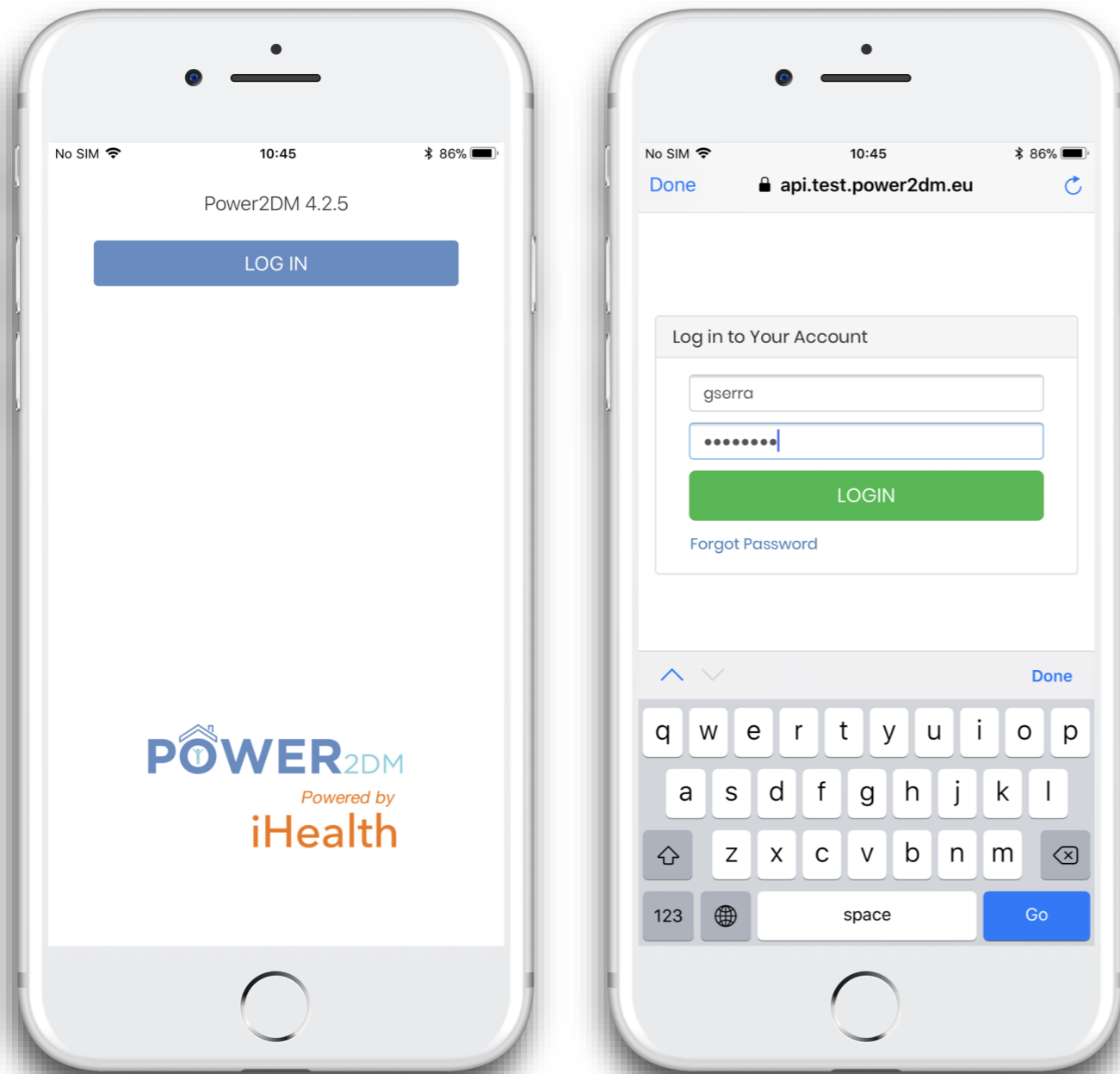
V6.0

Patient App - Users Guide (**Table of content**) .

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Patient App - Users Guide (**Table of content**) .

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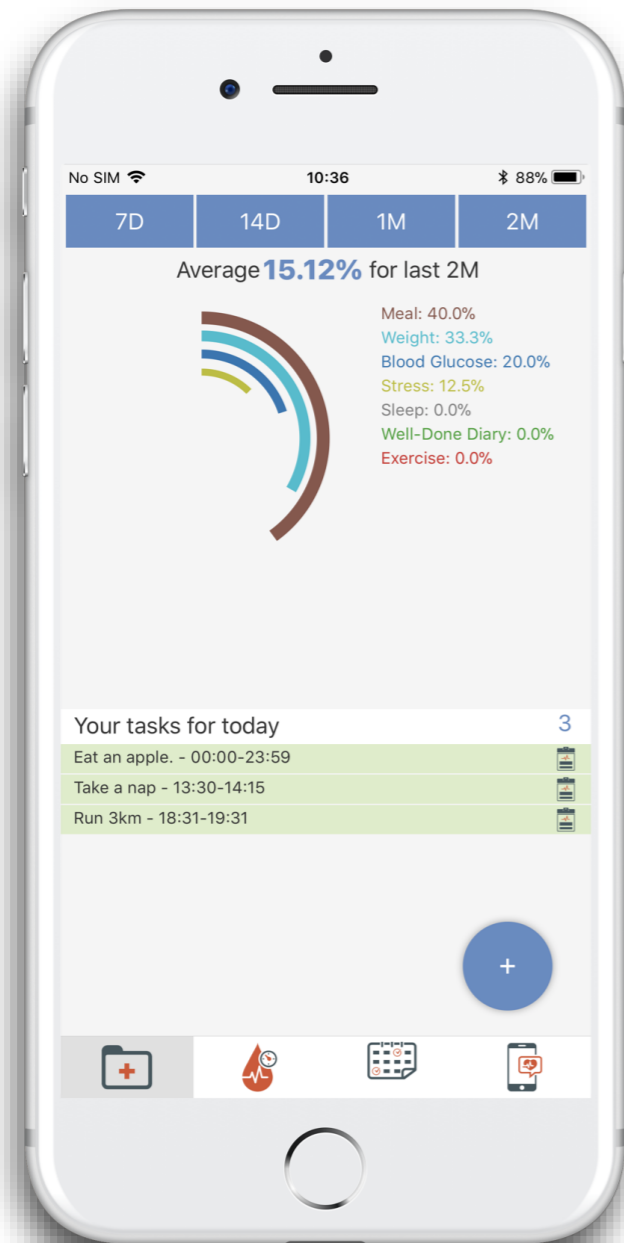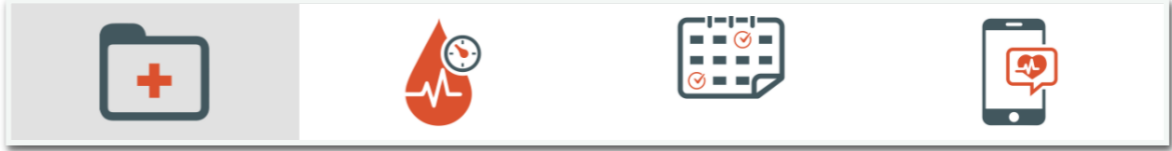
The account is created by the doctor, then the patient receives an email to complete his/her registration.
The email has a link to configure a new password.

App presentation .

1   2   3   4

1 - <u>Dashboard</u>: tasks and graph summaries

2 - <u>Measurement</u>: all data input

3 - <u>History</u>: all the measurements and an editable mode

4 - <u>Admin</u>: all app settings and logout
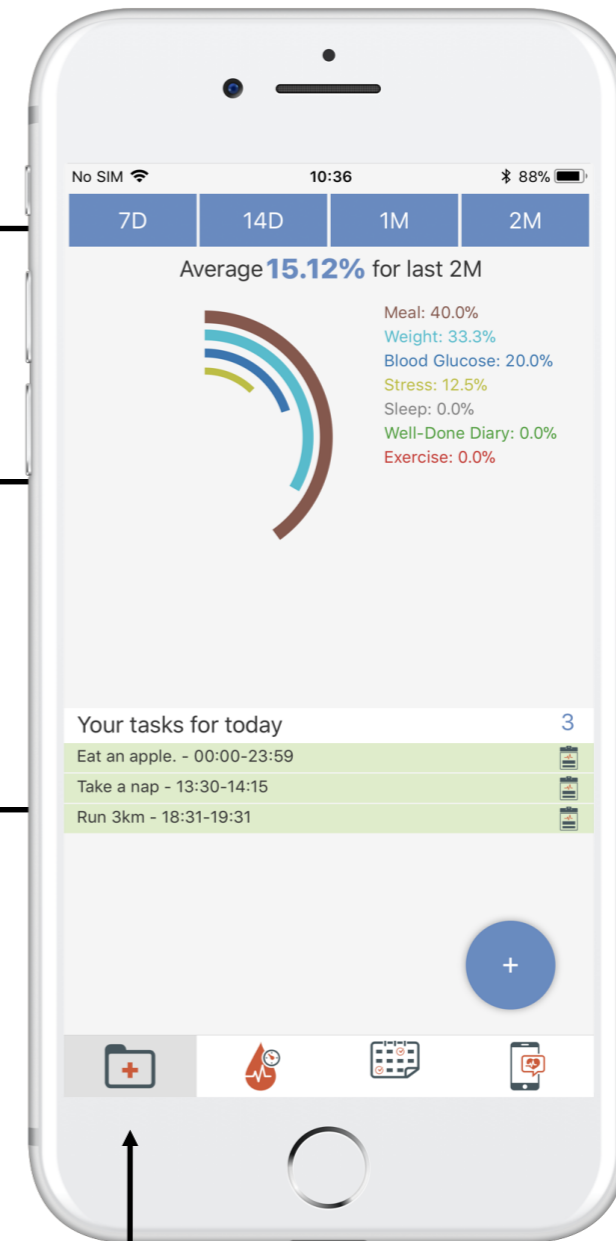
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Dashboard screen .

Time scale for summary

Complete tasks summary

Tasks provided by the doctor or the patient

All the tasks are entered in the web platform

No SIM	10:36		88%
7D	14D	1M	2M

Average **15.12%** for last 2M

Meal: 40.0%
Weight: 33.3%
Blood Glucose: 20.0%
Stress: 12.5%
Sleep: 0.0%
Well-Done Diary: 0.0%
Exercise: 0.0%

Your tasks for today   3
Eat an apple. - 00:00-23:59
Take a nap - 13:30-14:15
Run 3km - 18:31-19:31

+

1 Tap this button

Dashboard - blood glucose graph .
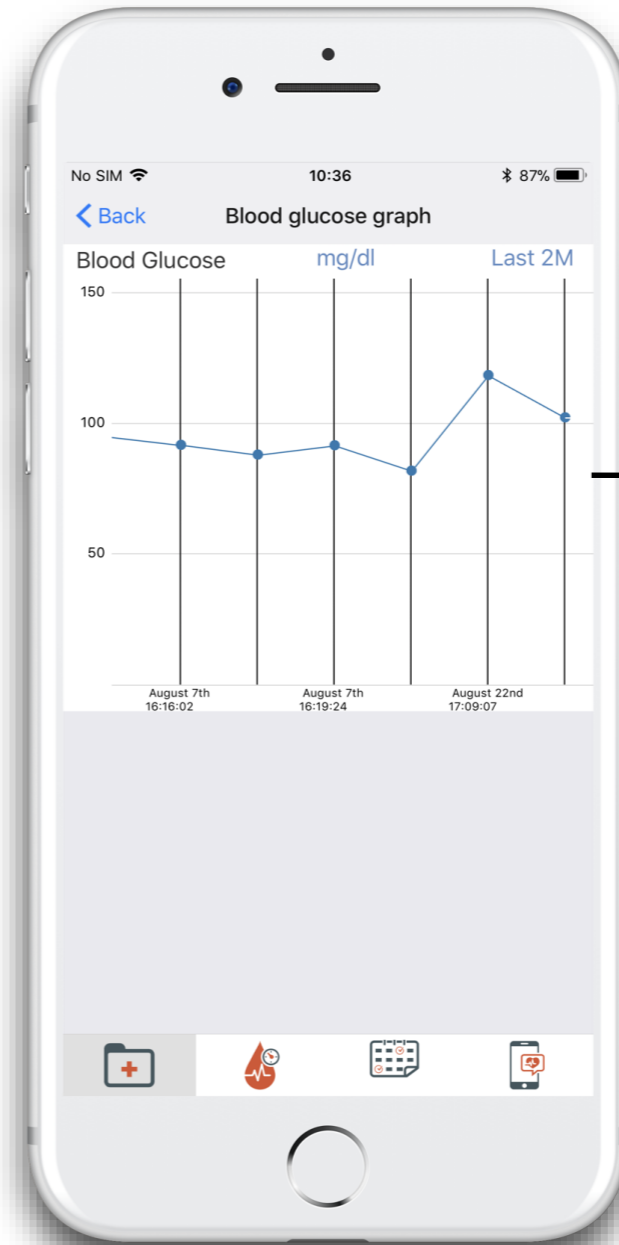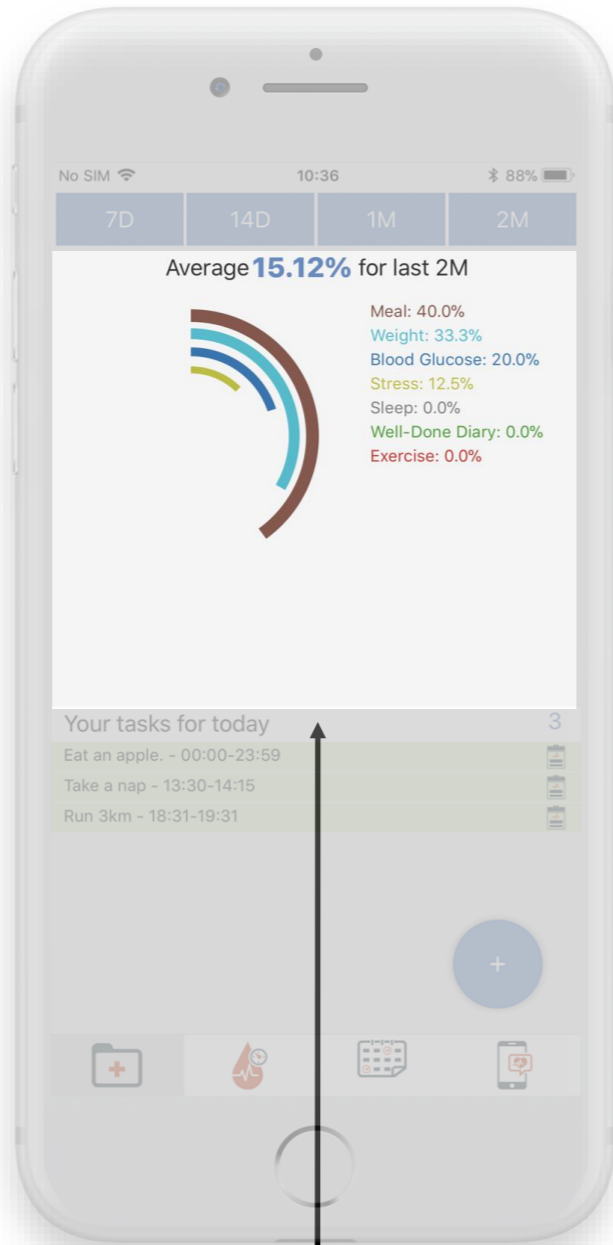
Blood glucose graph

① Tap this area to view blood glucose graph

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Measurement main screen (1/2) ∎
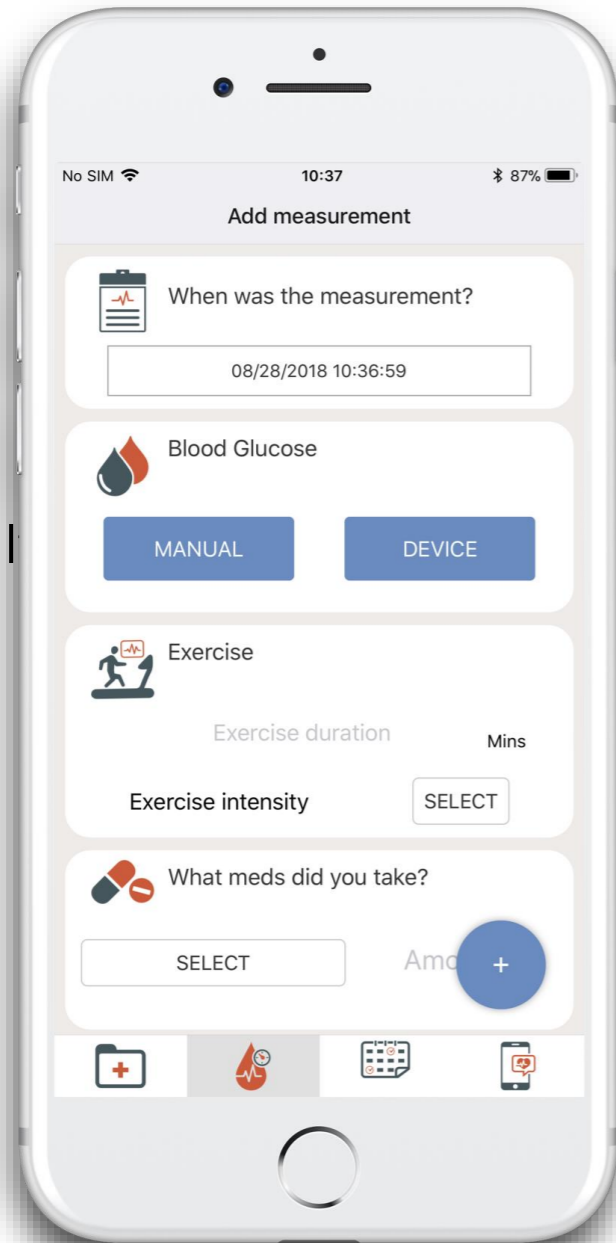
me ←————————————————

se ←————————————————

or using BG5 device

se ←————————————————

hould be included

s ←————————————————

ugs for the patient
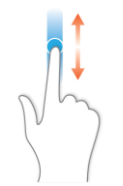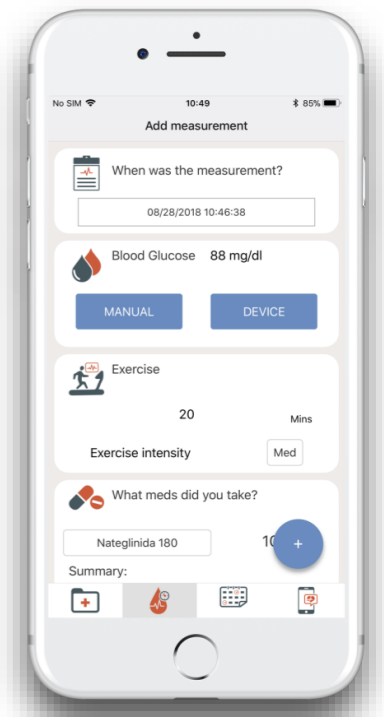
1 Tap this button

Scroll down the screen

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Measurement main screen (2/2) .

Mood

Meal

Period, grams quantity and amount
of calories should be included

Stress level
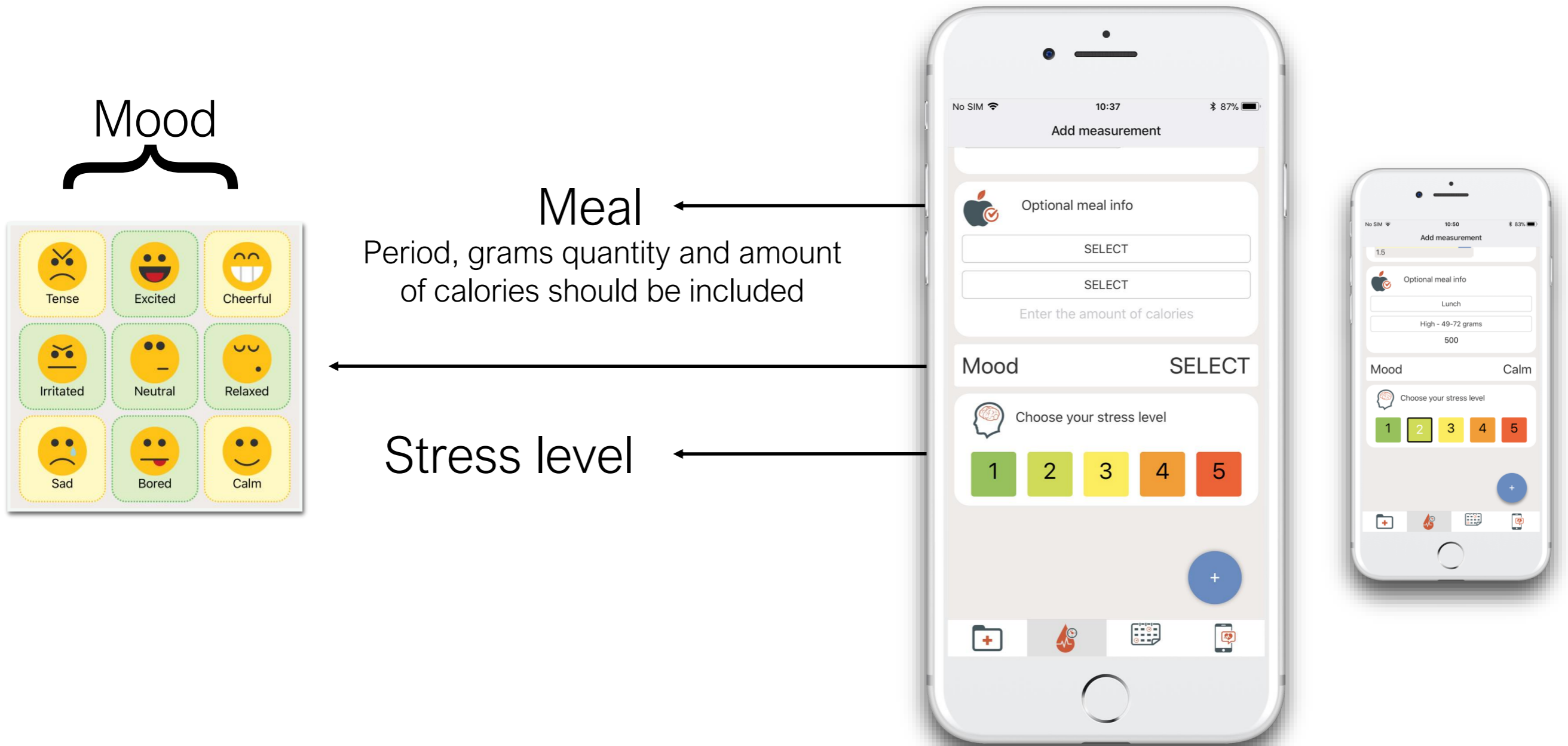
Input manual measurement for Blood Glucose .

4 Tap back button

1 Tap this button

2 Choose measurement type

3 Input measurement result
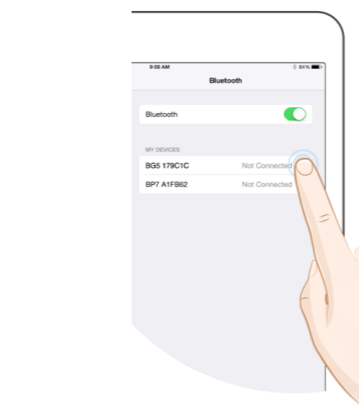
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Take measurement with iHealth BG5 device (1/2)

1 Tap this button
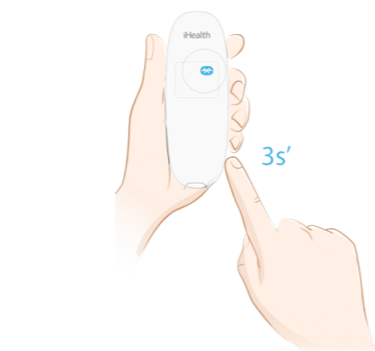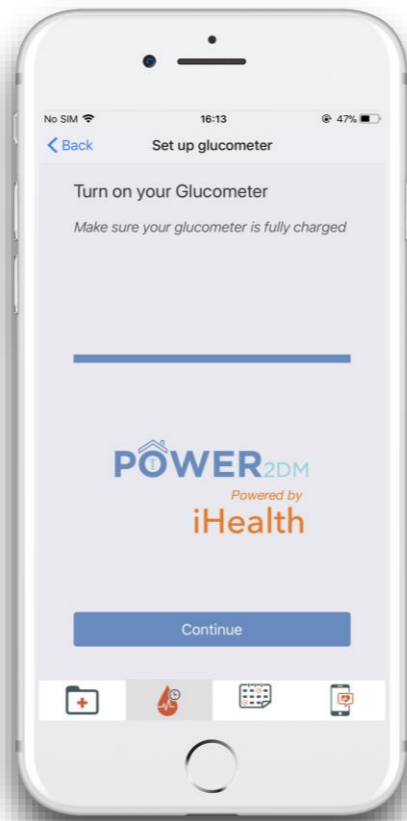
2 Turn on your Glucometer
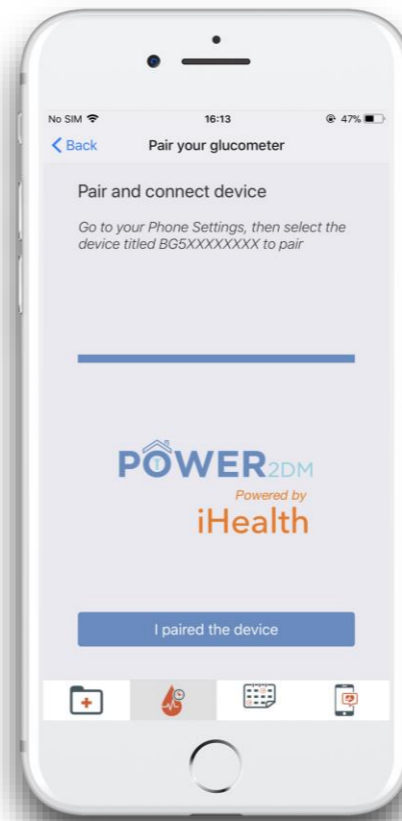
3 Pair and connect device in the phone settings
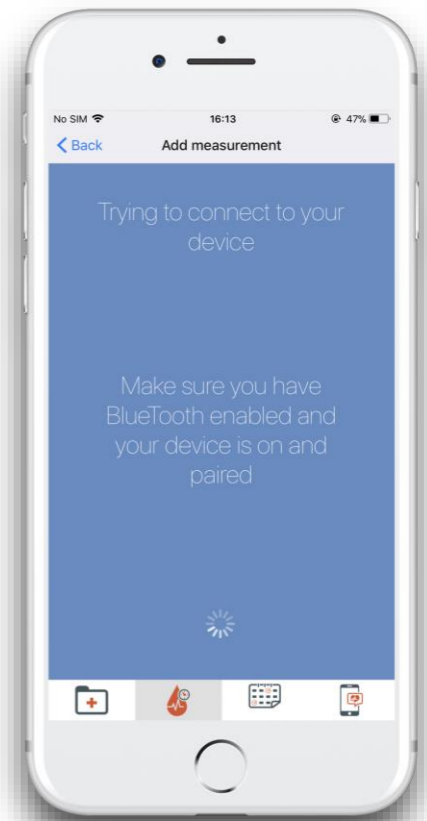
4 Wait until patient app detects the device

Continues →

Take measurement with iHealth BG5 device (2/2)
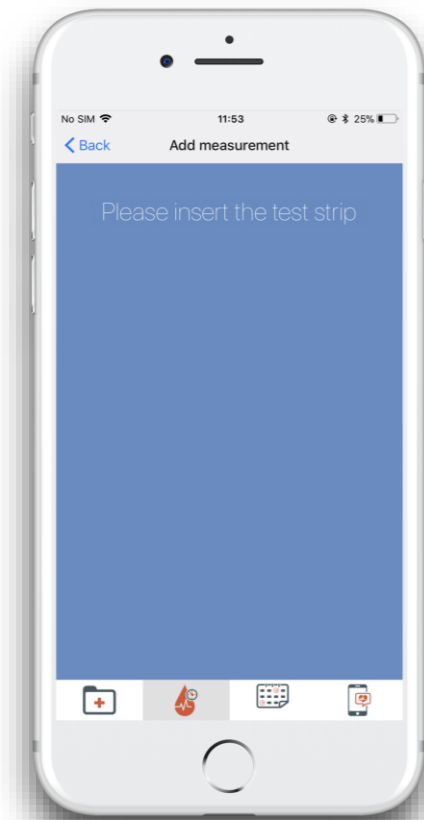
5 Insert the test strip
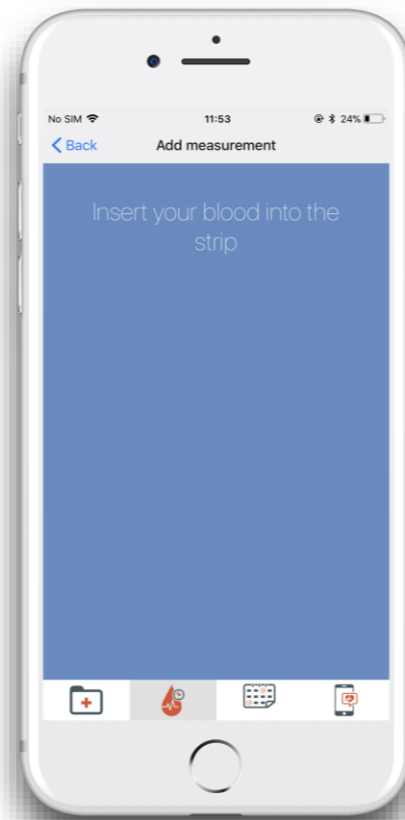
6 Apply the blood sample to the test strip
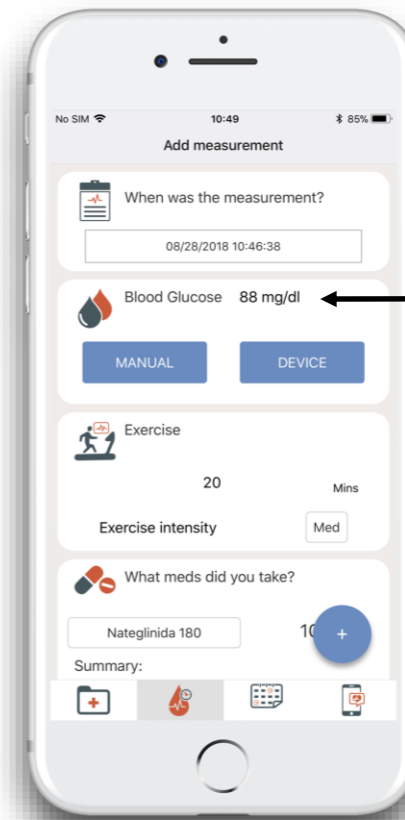
7 Check the result

Saving measurements ∎
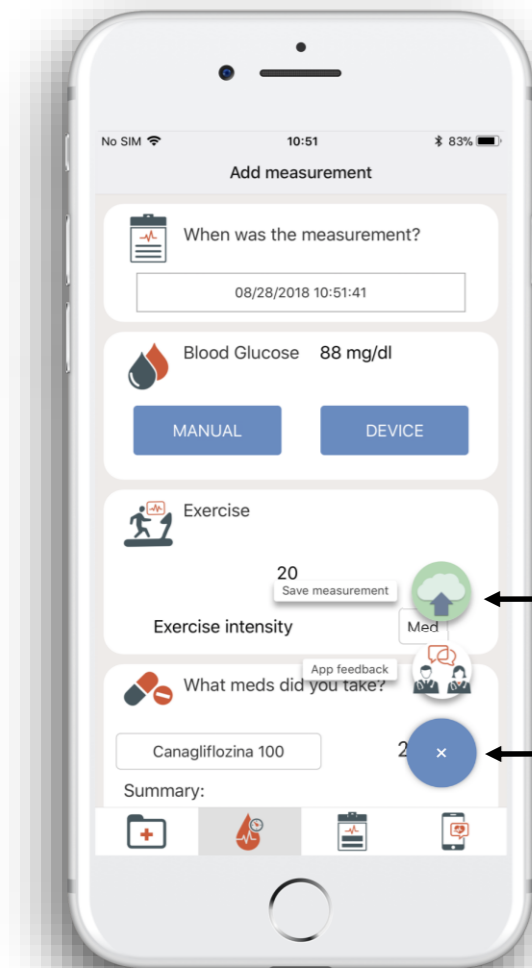
1 Tap this button

2 Tap save measurement button
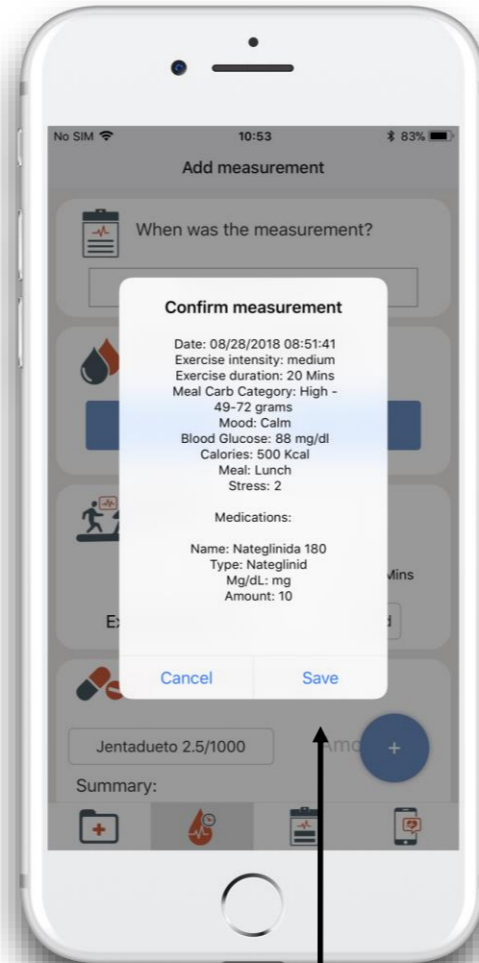
3 Tap save button
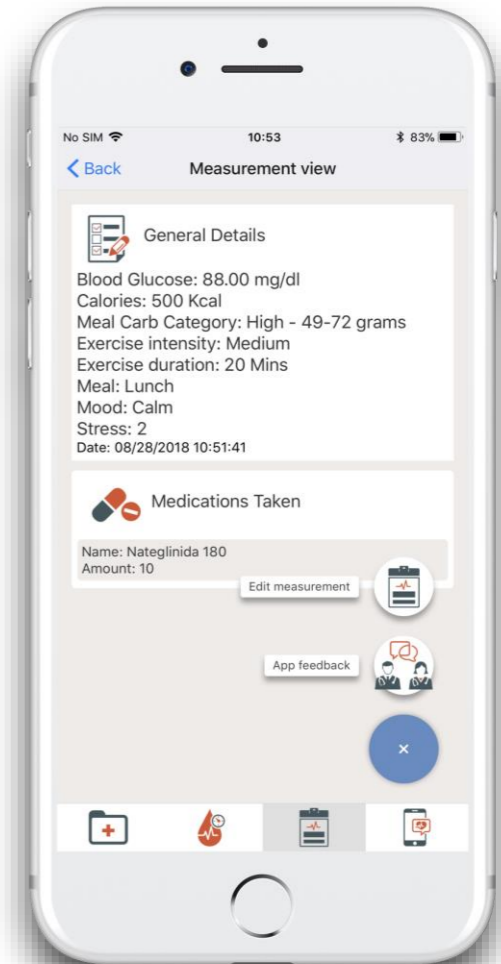
4 Check the measurements. (edit is still possible)

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View all measurements and modify (if needed).
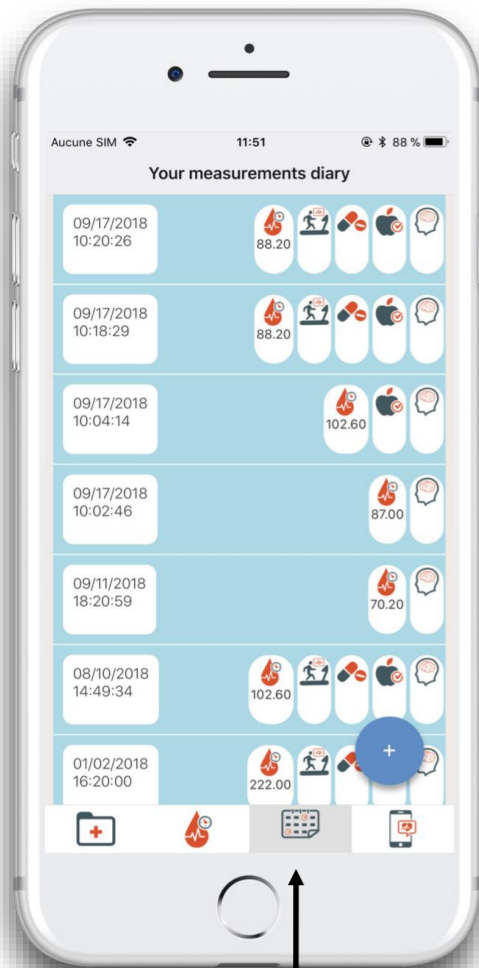
Tap the cell to see the complete result and/or edit

2
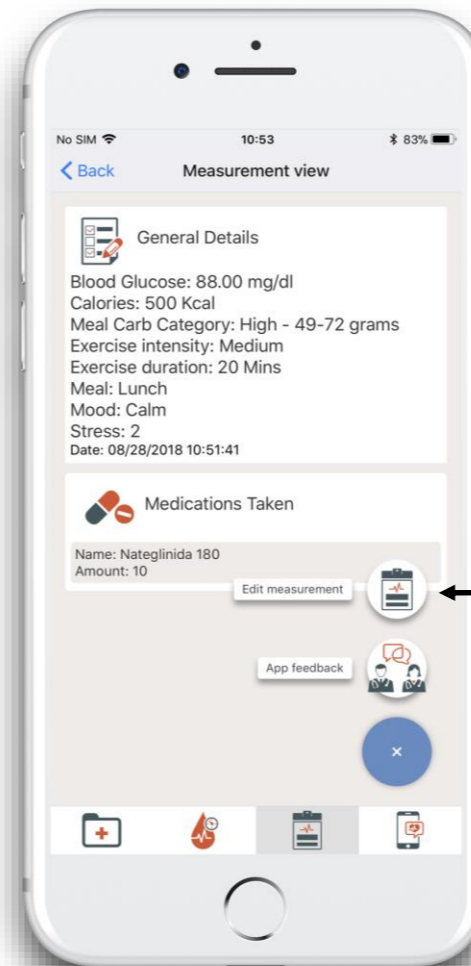
1 Tap this button

3 Tap edit measurement button

4 Edit and save

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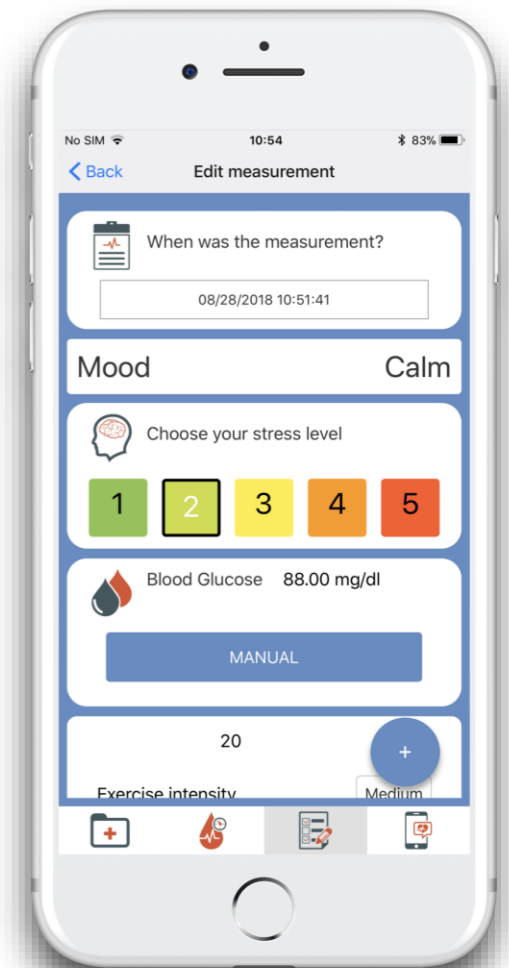
Interventions reminders

Logout

Notification frequency
configuration

Blood glucose unit system

No SIM 🌐 10:11 📷 ⁑ 8% 🔋 ⚡

Settings panel

Interventions log 🚨

Log out 🪑⏱

Interventions 📍

Change units: mg/dl 💊

Power2DM T6.0.1-rc-1 ios en

+

1 Tap this button
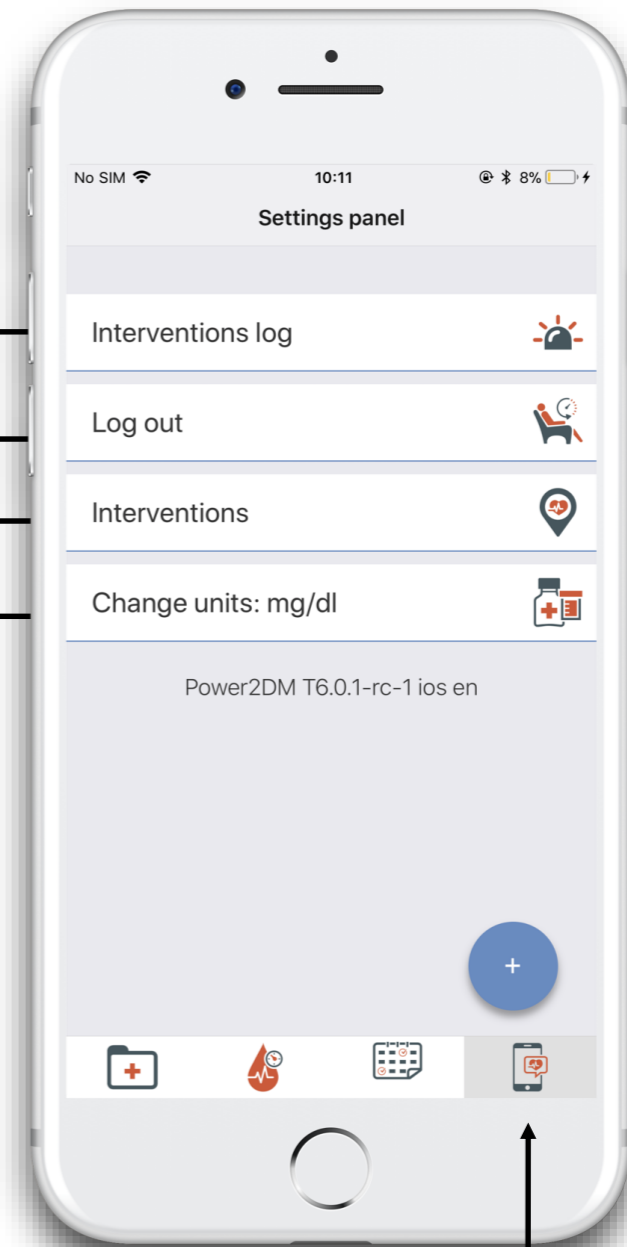
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Receiving/consulting a reminder .

1 As you receive a reminder (notification on your phone), you can tap on it to open Power2dm application.

Title

Content

Date

2 The app will display your last reminder on top and the oldest ones below.

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16

Changing glucose unit

1 Tap the cell to change the glucose unit
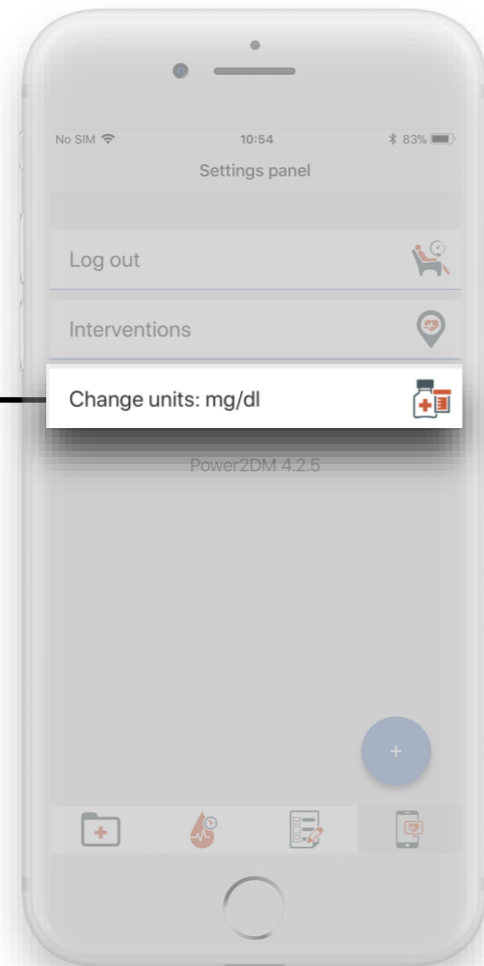
Change units: mmol/l
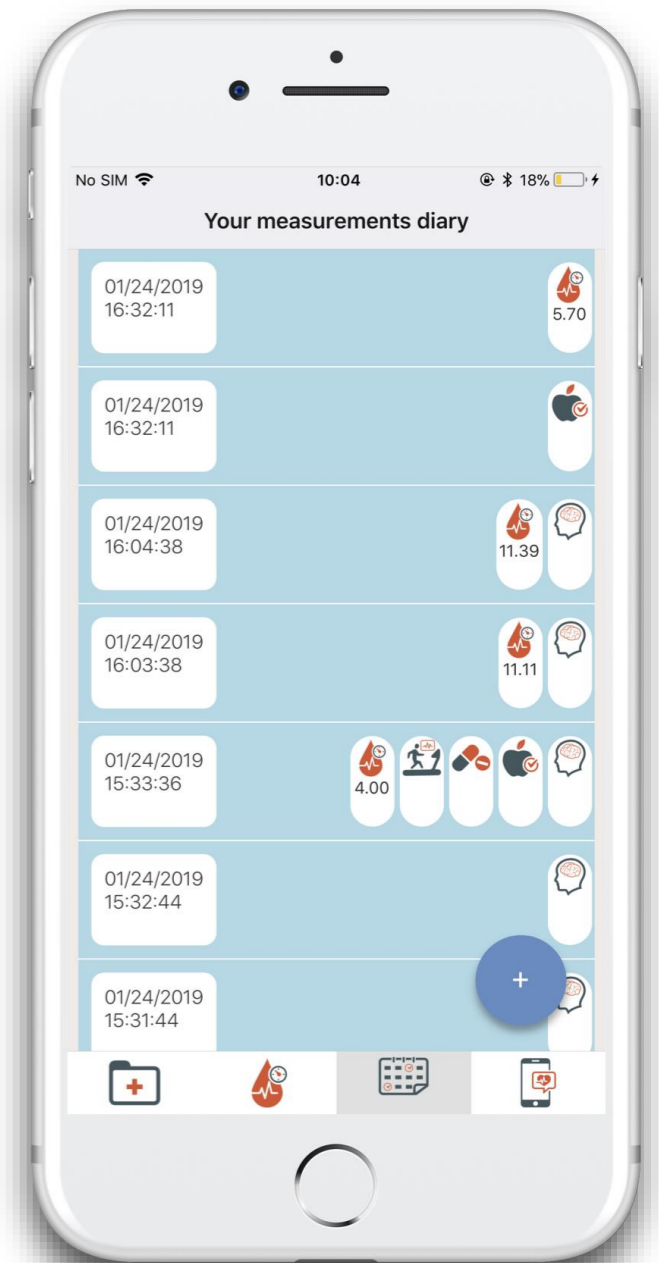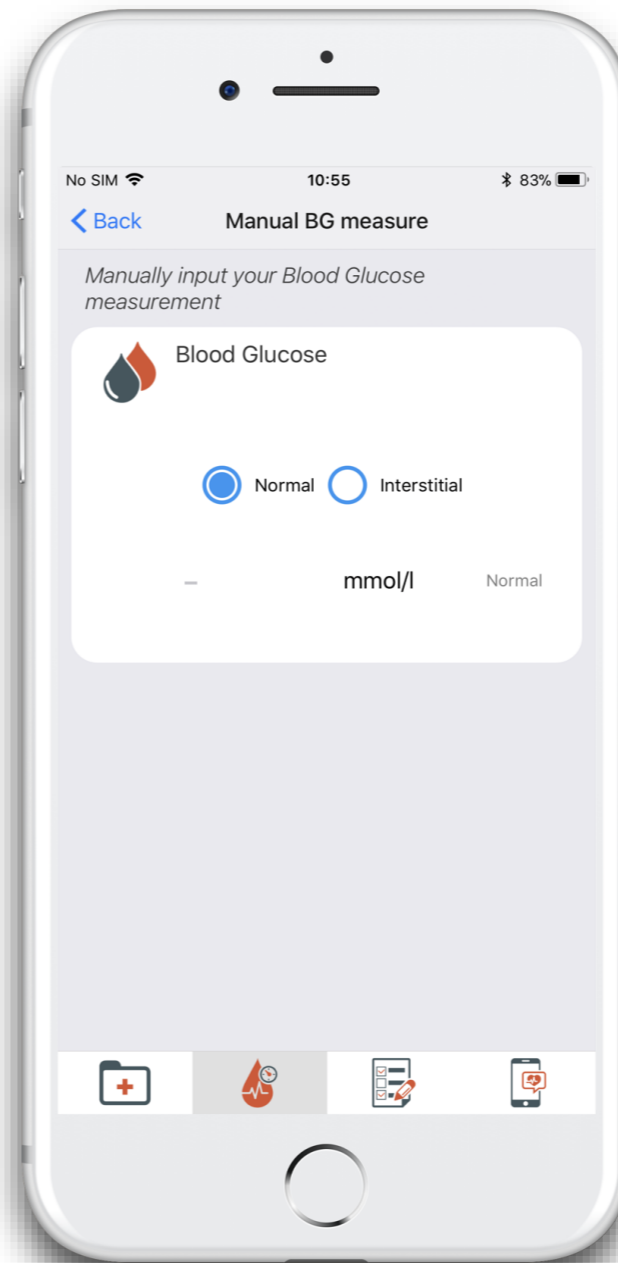
2 Go to measurement and/or list of measurements to see the changes

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Interventions screen .

Blood glucose monitoring
Blood glucose monitoring adherence
Physical Activity Monitoring
Carb monitoring
Steps monitoring
Medication Adherence Monitoring

Intervention type

Frequency of notifications

Motivational notifications

Reminders notifications

No SIM 10:56 ∦ 83%
‹ Back   Interventions

Blood glucose monitoring

Frequency   NEVER RARELY OFTEN ALWAYS

Motivational

Reminders

Save

App feedback

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18
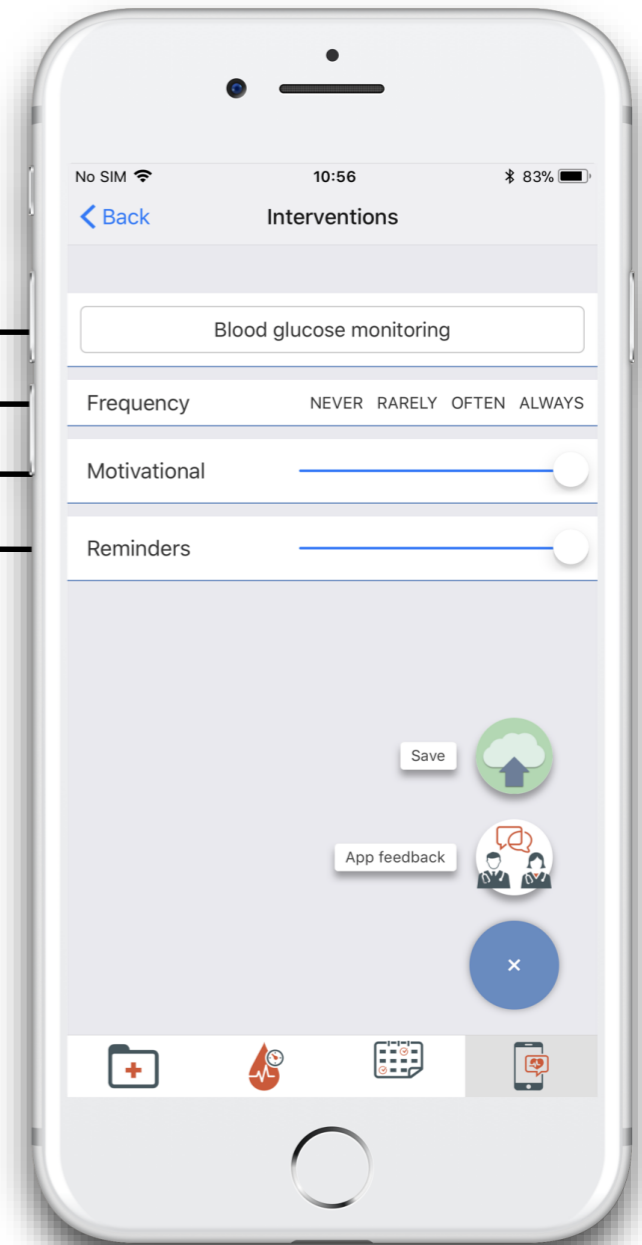
Changing interventions frequency .

1 Select a intervention type by tapping here

2 Set the frequency of motivational and reminder notifications

No SIM 10:56 ⚹ 83%
‹ Back   Interventions

Blood glucose monitoring

Frequency   NEVER RARELY OFTEN ALWAYS

Motivational

Reminders

Save

App feedback

×
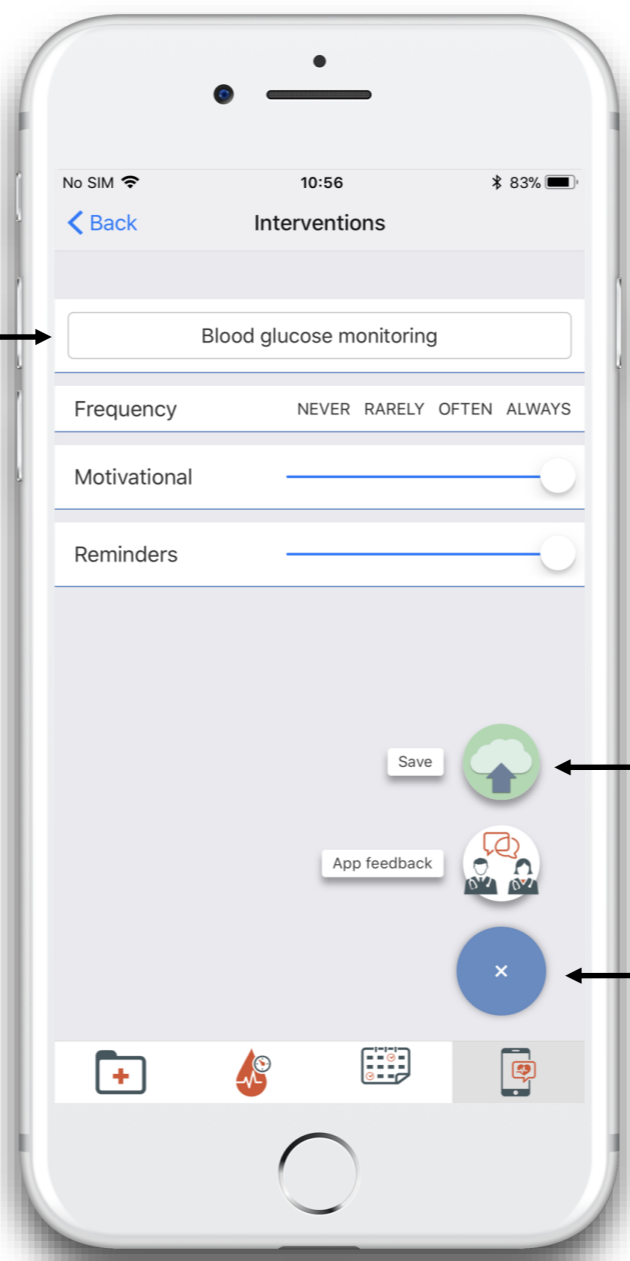
4 Tap save measurement button

3 Tap this button

19

Technical Support - Sending a message
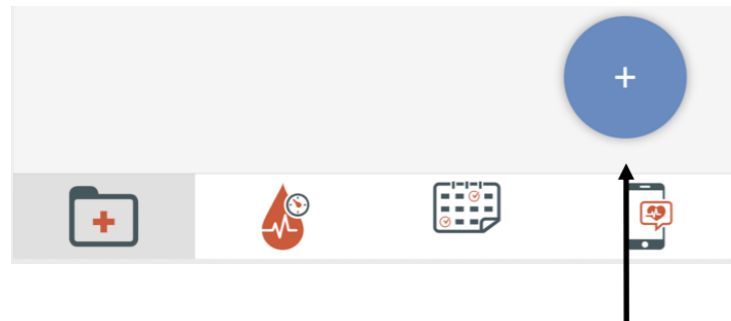
Tap this button (available on all screens)

1

App feedback

Tap on App Feedback button

2

Dear Sir/Madam

Thank you for getting in touch with POWER2DM platform support. We will get back to you as soon as possible and within 48 hours on Monday to Friday. Our office times are 9 AM to 5 PM.
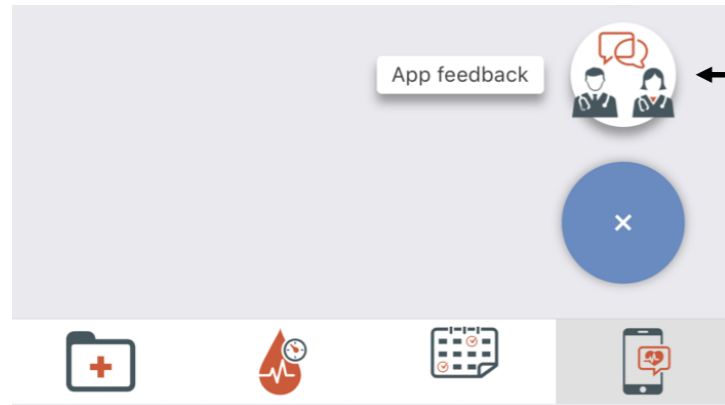
Please note that this helpline is only for technical problems with the POWER2DM platform and mobile app. In case of medical problems please contact your physician or hospital directly. Also when the output of the platform is not understandable and you are in doubt what to do, please contact your physician or hospital as soon as possible.

Warm regards,

The POWER2DM technical support team

Cancel   OK

Please remember that this function is for technical support only.

3

No SIM   10:46   86%

7D   14D   1M   2M

Average **3.13%** for last 7D

Stress: 12.5%
Blood Glucose: 0.0%

Your tas...   3
Eat an app...
Take a nap...
Run 3km –...

iHealth Next

Gustavo

Ask us anything, or share your feedback.

Typically replies in a day

Hello, I have an issue with the app...

Aa   GIF   Send
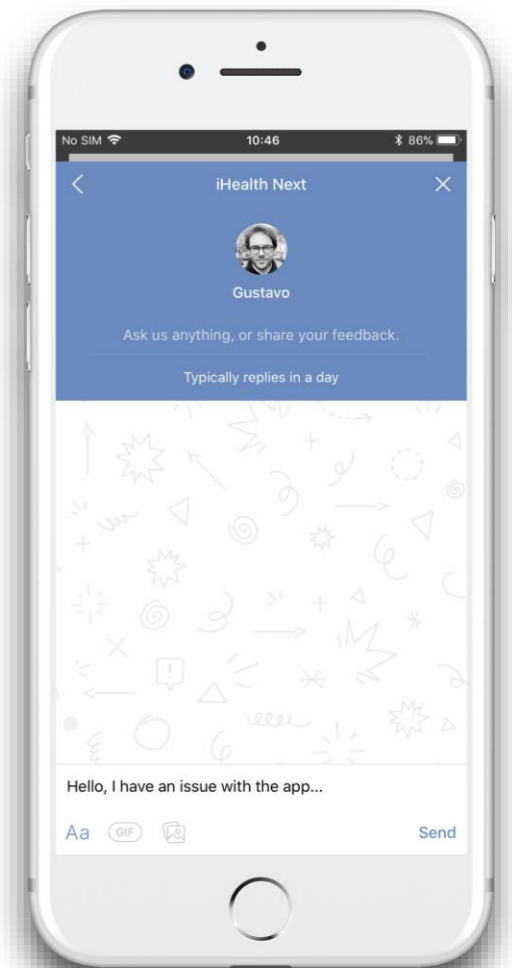
Write your technical issue.
Technical support is provided at normal working hours of iHealth French office.
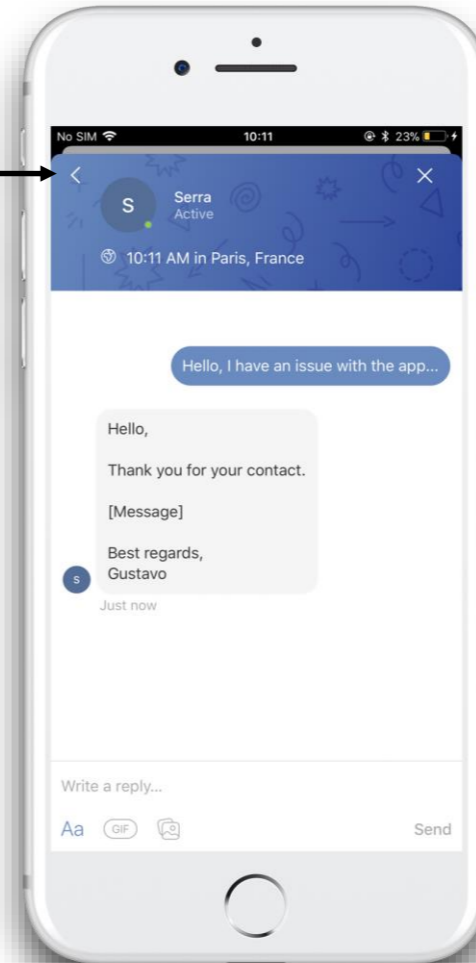
4

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20

Technical Support - Receiving an answer

1 The technical support team usually takes one working day to answer your questions.
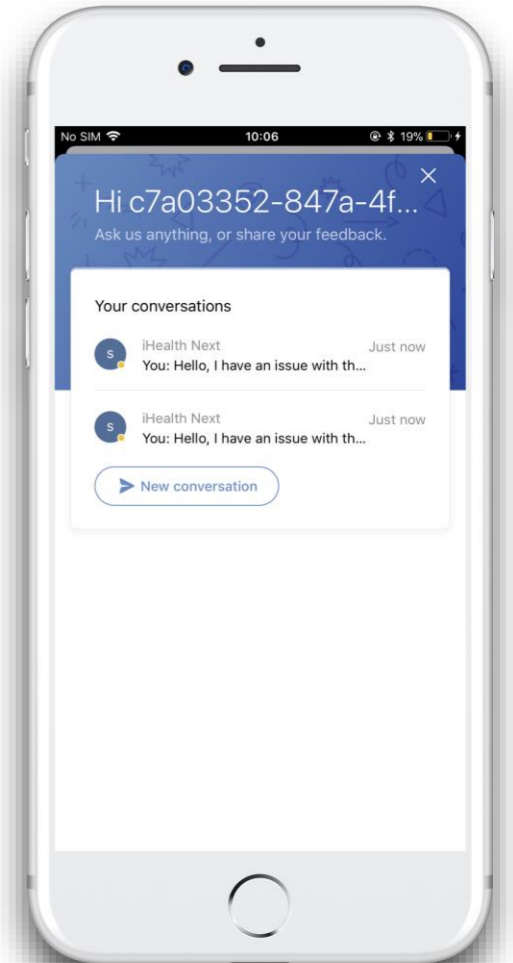The app will display a message on the bottom of the screen
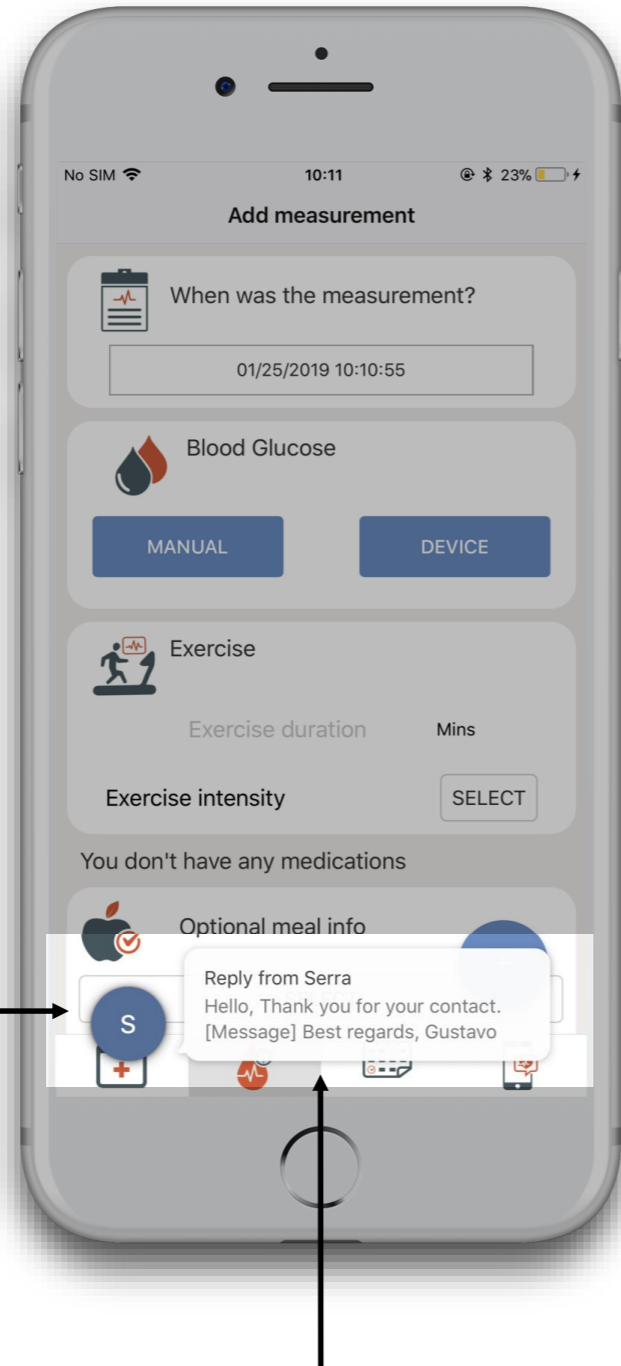
2 Tap on the message
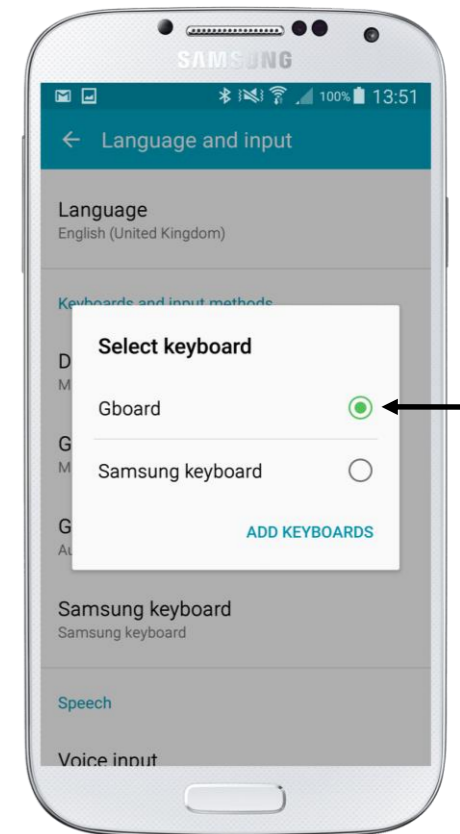
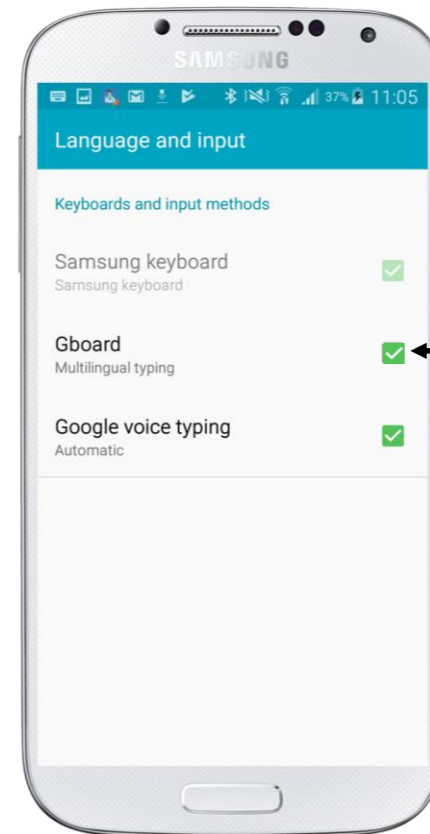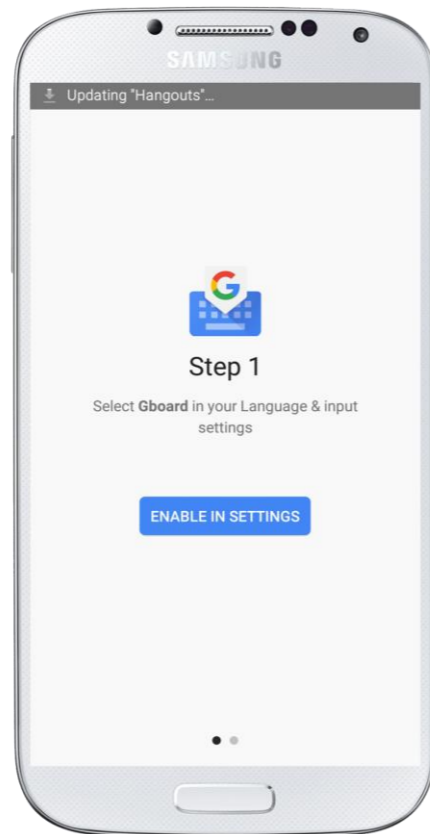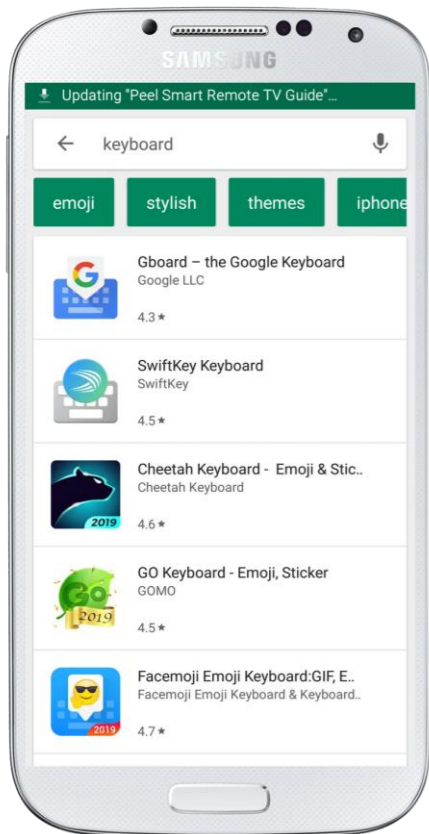**4** Tap this arrow to display all your conversations

3 Check the answer from your question. Interact with the technical support team as often as necessary

5 All your conversations are listed here

Troubleshooting - Android phone keyboard .

For Android phone, if your keyboard has no comma or period. How to change the keyboard.

1 Download Gboard from the Play Store and install it.

2 Open Gboard application and follow the instructions.

3 Enable Gboard keyboard by checking it.

4 Select Gboard keyboard as your default choice.

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